

Hosted by:

## **Sharper Edge Skating School**

at Valley Sports Arena 2320 Main Street Concord, Massachusetts

Registration Due: June 1, 2024

Welcome to Summer Splash Skating Camp 2024! Our enthusiastic and creative professional staff will engage skaters in a variety of onice and off-ice fun throughout the week! Below you will find information in regards to what type of classes will be offered, a tentative schedule, and the online link to register for this year's camp! The week will conclude with an exhibition from all of our campers on Thursday, in which we invite families to attend and watch. We can't wait to make a splash this summer in the coolest place around!

**Details:** Summer Splash Skating Camp will be held July 16, 17 & 18, 2024! Drop off for all skaters will be 7:45am and pick up will be 12:00pm. Please note there is no extended day option at this time. Skaters will need to be picked up promptly at 12:00pm.

**Location:** Camp will be held at Valley Sports Arena in Concord, Massachusetts. When entering the parking lot, please proceed to the right side of the building and park in back near the Rink 2 entrance.

Cost and Registration: Registration is due 06/01/2024. To register, please click <u>HERE!</u> \$350.00 for 3 days of Summer Splash Skating Camp (per skater). \$150.00 for 1 day of Summer Splash Skating Camp (per skater / per day).

We will be separating campers into 2 groups: Team Flip-Flops and Team Surf Boards. Skaters will remain and move from class to class in these groupings.

**Team Flip-Flops** will be open to skaters in the following skating levels:

- ISI Freestyle 2 and above
- U.S. Figure Skating Pre-Preliminary Free Skate and up
- U.S. Figure Skating Freeskate 3 and up



## Class Descriptions for *Team Flip-Flops*:

Edge & Flow	This class will combine flowing edge work with challenging turns and footwork. Skaters will also focus on movements which will lengthen body-lines and enhance their skating.		
Jump It Out	This class will focus on basic and complex techniques to allow skaters to enhance their jump quality and try new combinations!		
Spin City	Skaters will learn some tips and tricks to up their spin quality. Proper entry techniques and spin position variations will all be introduced.		
Figure Fun	There's nothing like skating on a figure 8! Learn classic figure techniques that will promote secure edge quality!		
Interpretive Innovations	Can you create a program on the fly? This series will teach tips and tricks to create and improve on ice!		
Theatrical Skating	Take your team skills to the next level! Skaters will work on a variety of body movements and choreography techniques at this group skating specific class.		
Performance Enhancement	Learn the in's and out's of captivating your audience when performing! Presentation is essential!		
Strength & Stretch	This off-ice conditioning class will work on muscle strength and flexibility which will enhance the skater's on-ice skills.		
Lifts & Vaults	Learn how to properly execute a group lift as well as vaults. Skaters will be divided into flyers and bases and work on proper entry/exit techniques and various air positions.		
Uncaptured Maneuvers	Get a head start on next season's program and learn! Learn various gliding maneuvers, jumps, and spins, that are not an ISI test requirement. These skills can be added as extra content in various routines!		



## **Tentative Camp Schedule for Team Flip-Flops**

Tuesday	7/16/2024	Wednesday	7/17/2024	Thursday	7/18/2024
7:45am	Skaters check in	7:45am	Skaters check in	7:45am	Skaters check in
8:00 - 8:20	Off-ice warm up-all campers	8:00 - 8:20	Off-ice warm up-all campers	8:00 - 8:20	Off-ice warm up-all campers
8:20 - 8:30	Campers put skates on	8:20 - 8:30	Campers move to off-ice area	8:20 - 8:30	Camper put skates on
8:30 - 8:50	Edge & Flow	8:30 - 9:10	Strength & Stretch	8:30 - 8:50	Figure Fun
8:50 - 9:30	Jump It Out	9:10 - 9:30	Snack // Skates On	8:50 - 9:10	Uncaptured Maneuvers
9:30 - 9:50	Spin City	9:30 - 9:50	Theatrical Skating	9:10 - 9:40	Jump It Out/Spin City Combo
9:50 - 10:20	Theatrical Skating	9:50 - 10:20	Spin City	9:40 - 10:10	Exhibition Prep (all campers)
10:20 - 10:40	Skates Off // Snack	10:20 - 10:35	Ice Make Break	10:10 - 10:25	Break: skates off and snack
10:40 - 11:20	Strength & Stretch	10:35 - 11:00	Edges & Flow	10:25 - 10:45	Strength & Stretch
11:20-11:40	Lifts & Vaults	11:00 - 11:30	Jump It Out	10:45 - 11:00	Lifts & Vaults
11:40 - 12:00	Fun & Games!	11:30 - 11:40	Skates off // Gather Belongings	11:00 - 11:10	Skaters put skates on
12:00pm	End of day	11:40 -12:00	Fun & Games!	11:10 - 11:30	Summer Splash Exhibition
		12:00pm	End of day	11:30 - 11:40	Skates off // Gather Belongings
				11:40 - 12:00	Fun & Games
				12:00pm	End of camp

<sup>\*\*\*</sup>Families are welcome to attend the Summer Splash Exhibition at 11:10am! Campers will show off the group performance they learned earlier in the week and will show off an individual skill as well (if they would like)!\*\*\*



## **Camper Checklist:**

Skaters should bring or wear the following items to camp each day.

- Skates:)
- Sneakers
- Jacket/Sweatshirt
- Gloves
- Water
- Snacks (NUT FREE)
- Yoga Mat
- Jump Rope
- Camp Shirt (Thursday Only)